

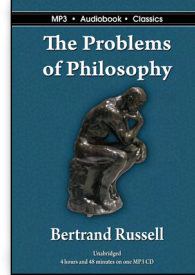
The Analysis of Mind

Author: Bertrand Russell (1872 - 1970)
 Read by: Multiple Readers
 Format: MP3 CD in DVD case
 Length: 9 hours 33 minutes
 Genre: Philosophy, Psychology

The Analysis of Mind was written by Bertrand Russell in 1921 to attempt to reconcile the growing materialism of psychology, which was seeking a grounding in physiology and evidence gained by observation, with the discoveries of modern physics, such as relativity and quantum mechanics, that took the discipline beyond the Newtonian materialistic concepts of matter into the realm of energy and more. In doing so Russell brought forth a new conception of the mind that

draws on the work of William James and the American "new realists" that postulates that "the 'stuff' of the world is neither mental nor material, but a 'neutral stuff', out of which both are constructed." He supports his thinking with comprehensive investigations into belief, instinct, habit, desire, feeling, memory, language and meaning. Russell's reasoning has provided the foundation for many subsequent theories of mind as well as a structure for his subsequent work. As such, *The Analysis of Mind* remains one of the most important works in the field.

Catalog: DB-1145
 UPC: 0683422134579
 MSLP: \$11.99



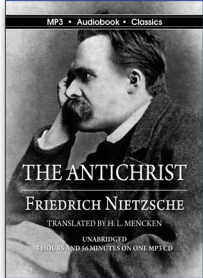
The Problems of Philosophy

Author: Bertrand Russell (1872 - 1970)
 Read by: Multiple readers
 Format: MP3 CD in DVD case
 Length: 4 hours and 48 minutes
 Genre: Philosophy

The Problems of Philosophy by Bertrand Russell is a concise and accessible guide to the basic concepts and issues in the study of philosophy. The book is noted for its simplicity and clarity, and was intended to give general readers a foundation for philosophical inquiry as well as provoke constructive discussion. As such, it eschews metaphysics for the more concrete discipline of epistemology, or the theory of knowledge.

Catalog: DB-1141
 UPC: 0683422134401
 MSLP: \$10.99

The fundamental theories of Plato, Aristotle, Descartes, David Hume, Immanuel Kant, John Locke, Hegel and others are outlined and explained. Russell begins by delving into the subject of appearance versus reality. He postulates that knowledge is largely derived empirically from sensory perceptions and what he calls the "sense-data" or mental images that we perceive and guides the reader through the famous distinction between "knowledge by acquaintance and knowledge by description".



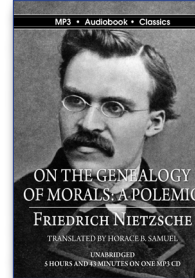
The Antichrist

Author: Friedrich Nietzsche (1844 - 1900)
 Translated by H. L. Mencken
 Read by: Multiple readers
 Format: MP3 CD in DVD case
 Length: 3 hours and 56 minutes
 Genre: Philosophy

"The Anti-Christian" may be a better translation of the title of Nietzsche's scathing criticism of Christian dogma, in which he lays bare its defects for the few who had the stomach for such harsh truth. Pity for the weak, central to Christian morality, Nietzsche sees as nihilistic and opposed to life. Reverence for pure spirit above the tangible world is a reversal of common sense that stands the truth upside down. Abiding by any idea

that cannot be proven but also cannot be refuted is absurd. He saw Christ as "the only Christian" in whom there was no separation of God and man. He argued that Christian dogma had evolved counter to its original principles through a privileged class that catered to the resentment of the disempowered by promising future bliss and punishment for the oppressors in exchange for following the faith in the here and now. *The Antichrist* was written in 1888 but held for publication until 1895 due to its uncompromising criticism of religion. Shortly after its completion Nietzsche suffered a nervous breakdown that marked the beginning of his long decline.

Catalog: DB-1153
 UPC: 0683422134685
 MSLP: \$10.99

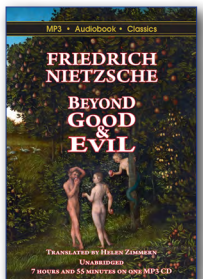


On the Genealogy of Morals

Author: Friedrich Nietzsche (1844 - 1900)
 Translated by Horace B. Samuel (1883-1950)
 Read by: Jeffrey Church
 Format: MP3 CD in DVD case
 Length: 5 hours and 43 minutes
 Genre: Philosophy

Nietzsche set out to dig into "the origin of our moral prejudices" in *On the Genealogy of Morals*. It is the most systematic of his works and considered as his masterpiece by many scholars. The first treatise outlines two very different concepts of good that eventually oppose one another. The first exists paired with "good and bad", a dualism of pure power characterized by the Roman worldview, while the second exists in the "good and evil" dualism characterized by the "resentment" of the meek and powerless in the Judeo-Christian tradition. The second treatise delves into the roots of guilt and punishment in anger and the need for compensation, and poses the notion of "bad conscience" as will to power unnaturally turned inward. The third treatise deals with ascetic ideals from the perspectives of artists, philosophers, women, priests, saints, scientists and historians. He fears that the "will to truth" fostered by an ascetic ideal may well foster a truth that then imperils its objective. By applying the technique of genealogy to the birth, scope and decline of ideologies over time, Nietzsche brings a Darwinian perspective to the evolution of ethics and a deeper understanding of "the value of our values".

Catalog: DB-1152
 UPC: 0683422134678
 MSLP: \$11.99



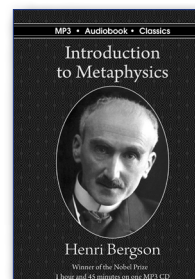
Beyond Good and Evil

Author: Friedrich Nietzsche (1844 - 1900)
 Read by: Multiple readers
 Length: 7 hours 55 minutes
 Format: MP3 CD in DVD case
 Genre: Non-Fiction, Philosophy

Beyond Good and Evil: Prelude to a Philosophy of the Future (1886) is philosopher Friedrich Nietzsche's clearest call for a radical rethinking of philosophy. He exposes a lack of critical thinking and a blind acceptance of moral dogma in which good and evil are strict opposites. He urges us instead to see good and evil as impulses towards a "will to power" and calls for "investigators to the point of cruelty" to undertake the daunting task of seeing the world as it is and accepting its harsh

realities. He challenges the key precepts of the philosophic tradition by dissecting the shortcomings of its major thinkers. He subjects religion to similar scrutiny and discusses the philosophical particularities of the major western cultures. Written in an aphoristic style consisting of 296 numbered sections and an "epode", *Beyond Good and Evil* has been a significant influence in the work of many leading figures in the life of the culture, from artists to academics to statesmen and revolutionaries.

Catalog: DB-1084
 UPC: 0684758936615
 MSLP: \$11.99



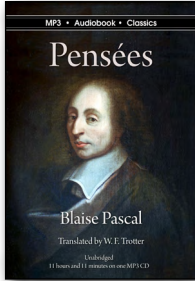
Introduction to Metaphysics

Author: Henri Bergson (1859 - 1941) Translated by T. E. Hulme
 Read by: Mark Cawley and Tricia G
 Format: MP3 CD in DVD case
 Length: 1 hour and 45 minutes
 Genre: Philosophy

Introduction to Metaphysics (1903) is an essay that challenges classical notions of reality, asserting that it is mistaken to think of it as a series of discrete states, but instead it is an ongoing fluid process that resists reductive analysis. Reality can only be grasped through intuition, which author Henri Bergson described as a process of "entering into" an object. The classical philosophy of Plato and Aristotle posited true reality as consisting of timeless substances, with process and change subordinated as accidental. Bergson's concept draws instead from the ontology of constant change as the essence of the universe, best summarized in Heraclitus' famous dictum that "no man ever steps in the same river twice". *Introduction to Metaphysics* stands as an important document in the emergence of process philosophy and serves as foundation to Bergson's three major works, *Time and Free Will* (1889), *Matter and Memory* (1896), and *Creative Evolution* (1907).

Catalog: DB-1185
 UPC: 0683422135040
 MSLP: \$9.99

Philosophy

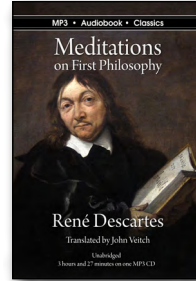


Pensées

Author: Blaise Pascal (1623 - 1662)
Translated by W.F. Trotter
Read by: Dexter
Format: MP3 CD in DVD case
Length: 11 hours and 11 minutes
Genre: Philosophy, Religion

In 1654 Blaise Pascal had a religious experience that motivated him to turn his prodigious intelligence to the subjects of philosophy and theology. He envisioned a comprehensive work in defense of Christianity often referred to as the Apology for the Christian Religion. Among the groundbreaking ideas put forth is that of "Pascal's Wager", which argues that people should live as if God exists, because if God does exist, one will experience only the small loss of some pleasure while achieving the bliss of heaven and avoiding the damnation of Hell. The work was incomplete at the time of his death, and the fragments of ideas and notes were gathered together in a collection and published in 1670 under the title *Pensées*, or "thoughts". The work has become a classic work of theology and philosophy that many regard as the finest work of prose in the French language.

Catalog: DB-1186
UPC: 0683422135088
MSLP: \$12.99

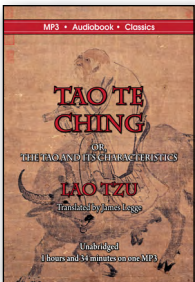


Meditations on First Philosophy

Author: René Descartes (1596 - 1650)
Translated by John Veitch (1829 - 1894)
Read by: D.E. Wittkower
Length: 3 hours and 27 minutes
Format: MP3 CD in DVD case
Genre: Philosophy, Religion

The Meditations on First Philosophy is a detailed presentation of the metaphysical and philosophical systems of Descartes that became a fundamental document in the development of western thought and one of the most influential ever written. The book consists of six meditations in a narrative voice that suggests they had taken place in six days. In the course of the narrative he attempts to discard belief in things which are not for certain and establish what can, in fact, be known for sure. The product of two years of effort, it first appeared in Latin in 1641 and was translated into French as *Méditations Métaphysiques* in 1647. The first two meditations, which used the skeptical method of doubt to conclude that only the ego and its thoughts are unquestionably true, exerted a huge impact in the history of philosophy and are considered an indispensable first lesson in modern philosophical thinking. *The Meditations* continues to be a standard text in most university philosophy departments.

Catalog: DB-1187
UPC: 0683422135071
MSLP: \$10.99



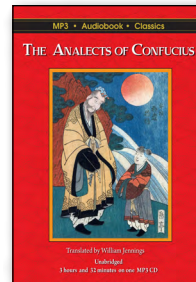
The Tao Te Ching

Author: Lao Tzu (6th Century BCE)
Translated by James Legge (1815 - 1897)
Read by: Eric S. Piotrowski
Length: 1 hour and 34 minutes
Format: MP3 CD in DVD case
Genre: Philosophy

The Tao Te Ching is an ancient Chinese classic text written by sage Lao Tzu in the sixth century BC. The book is a sequence of 81 short poems structured in two parts – the Tao Ching (chapters 1-37) and the Te Ching (chapters 38-81). The style combines two elements: short, memorable declarative statements and intentional contradictions that force the listener to reconcile the resulting ambiguities. The absence of grammatical connectors increases the ambiguity and gives rise to

varying interpretations. *The Tao Te Ching* is a fundamental text in both religious and philosophical Taoism and has greatly influenced Confucianism, Legalism, and Chinese Buddhism, which was originally introduced to China through Taoist concepts and terminology. The oldest version dated prior to 300 BC was discovered in 1993 and consists of 800 slips of bamboo. It is a continuing source of inspiration to Chinese artists and is one of the most translated works in all of world literature.

Catalog: DB-1131
UPC: 0683422134333
MSLP: \$9.99

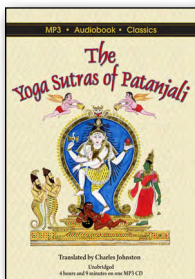


The Analects of Confucius

Author: Confucius (551 BC – 479 BC)
Translated by William Jennings (1847 - 1927)
Read by: Jing Li
Length: 3 hours and 32 minutes
Format: MP3 CD in DVD case
Genre: Classics, Philosophy

The Analects of Confucius is a collection of anecdotes, sayings and ideas attributed to the Chinese philosopher and teacher Confucius. *The Analects* are believed to have been written down by his followers shortly after his death and to have been further revised into its present form by the mid-Han dynasty. The core idea of Confucianism is that the general welfare of a country depends on the moral virtue of its people, beginning with leadership. Cultivation of virtue is done via the practice of ren, which teaches the importance of devotion to parents and the wisdom of reconciling individual desires with rules and rituals of propriety, which engender respect for others and responsibility. The importance of *The Analects* as an essential philosophical work was seen in the inclusion in the "Four Books" during the Song Dynasty (960 – 1279). It has been one of the most widely read books in China for 2,000 years and maintains a strong influence on Chinese thought and values.

Catalog: DB-1007
UPC: 0684758936493
MSLP: \$10.99



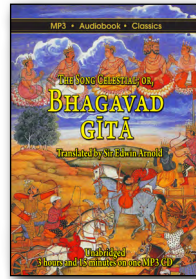
The Yoga Sūtras of Patañjali

Author: Patañjali (c. 400 CE)
Translated by Charles Johnston (1867 - 1931)
Read by: Jothi Tharavant
Length: 4 hours 9 minutes
Format: MP3 CD in DVD case
Genre: Religion, Reference, Education

The Yoga Sūtras of Patañjali is a collection of 196 Indian sūtras or aphorisms composed in approximately. He compiled the book from older materials from two different traditions – the "eight limb yoga" known as ashtanga yoga, and action yoga, known as karma yoga. The aphorisms and accompanying commentary constitute "The Treatise on Yoga according to Patañjali". Yoga Sūtras is divided in to four books or padas: Samadhi Pada Sadhana Pada; Vibhuti and Kaivalya Pada. He outlines the

system of ashtanga yoga consisting of eight limbs, five of which are external aids and three of which are internal aids. The Yoga Sūtras synthesized the teachings of many philosophical systems and were highly influential for over a thousand years before falling out of favor by the 16th century. Interest was reawakened the early 19th century and led to the consideration of the work as a primary key to the "science of yoga."

Catalog: DB-1114
UPC: 0683422134210
MSLP: \$10.99



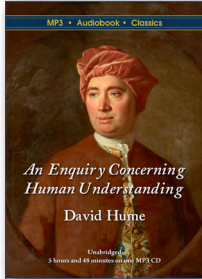
The Bhagavad-Gita

Author: Vyasa (2nd - 5th century BC)
Translated by Sir Edwin Arnold
Read by: Jothi Tharavant
Format: MP3 CD in DVD case
Length: 3 hours 15 minutes
Genre: Poetry, Epics, Classics

The Bhagavad-Gita is a core book in Hindu scripture that recounts a dialog between warrior prince Arjuna and his charioteer Lord Krishna in 700 verses framed by a conversation between a blind ruler and his minister, a clairvoyant who eavesdrops on Krishna and Arjuna. The central conflict is warfare that threatens to destroy the kingdom. Arjuna is torn between his duty to serve the family on one side of the conflict and the sense that the conflict itself violates the laws of Dharma, which he is also sworn to uphold. Frozen, he refuses to fight. Krishna realizes that he must impart the mysteries of Dharmic action to Arjuna and so reveals himself as a many-sided divine being. He instructs Arjuna in the structure of the universe, primordial nature, and the importance of self-control, faith, equanimity, unselfishness, and devotion. Only by attending to his duty will Arjuna transcend the bonds of matter and human behavior and achieve immortality. The battle is generally seen as an allegory for the struggles of human life and has prompted many interpretations over time.

Catalog: DB-1155
UPC: 0683422134708
MSLP: \$10.99

Philosophy



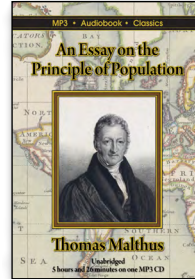
An Enquiry Concerning Human Understanding

Author: David Hume
Read by: Multiple readers
Format: MP3 CD in DVD case
Length: 5 hours and 54 minutes
Genre: Philosophy

An Enquiry Concerning Human Understanding (1748) by David Hume is a shortened revision of his *A Treatise of Human Nature*. In revising he eliminated material from the *Treatise* and focused on clarifying and emphasizing its most important elements. The resulting book articulates Hume's theory of knowledge in a logical sequence of incremental steps. The first sections outline the epistemology, and the latter sections discuss its application to specific topics. Hume holds that mental

activity falls into two groups: direct impressions of experience and ideas, which are memories and. He goes on to treat the association of ideas, the nature of understanding and doubt, and the roles of habit and probability. His arguments take the reader to the edge of what he acknowledges are the limits of knowledge, and in doing so he delves into the difficult subjects of liberty and miracles. The book was highly influential upon release and is rightly regarded as a classic in modern philosophy.

Catalog: DB-1213
UPC: 070123696313
MSLP: \$11.99

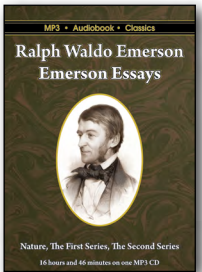


An Essay on the Principle of Population

Author: Thomas Malthus (1741 - 1803)
Read by: Multiple readers
Length: 5 hours 26 minutes
Format: MP3 CD in DVD case
Genre: Nature, Philosophy

An Essay on the Principle of Population (1798) was the most influential work on the subject of population of its time. In it Malthus formulated the Iron Law of Population, which holds that an increase in the supply of labor leads inevitably to lower wages and thus to poverty, famine and disease. He held that population generally increased in times and places of plenty until demand for resources exceeded supply, and that epidemics, famines and wars that stymied growth also masked the fundamental problem. He proposed that the only solution was to limit the birth rate through moral restraint on a wide scale. The book fueled debate on the size of the British population and helped speed the passage of the Census Act of 1800, which mandated a national census to be conducted every ten years. Malthus revised the work over the course of six editions, incorporating new material and changes in his thinking. The book has been cited as an important influence in the development of the theory of natural selection by Charles Darwin and Alfred Russel Wallace.

Catalog: DB-1098
UPC: 0683422134227
MSLP: \$11.99



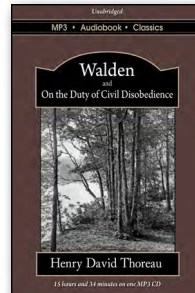
Essays: Nature, The First Series, The Second Series

Author: Ralph Waldo Emerson (1803 - 1883)
Read by: Nature - Multiple readers
First Series and Second Series - Bob Neufeld
Length: 17 hours 32 minutes
Format: MP3 CD in DVD case
Genre: Essays, Philosophy

This volume aggregates the essays by Ralph Waldo Emerson first collected in *Nature* (1837), *Essays: The First Series* (1841) and *Essays: The Second Series* (1844). His essays derived from his many lectures on the subject topics and articulated the ideas and values that came to be known at the time as the Transcendentalist movement and have since become woven into the fabric of the American temperament. He was a champion of

the emerging idea of individualism and a critic of the constraints imposed by conformity to prevailing social and religious beliefs. The first and formative expression of the Transcendentalist philosophy appeared in 1836 in his essay "Nature". With Margaret Fuller, he founded the Transcendentalist journal *The Dial* in 1840 and published his seminal *Essays: First Series* in 1841 and *Essays: Second Series* in 1844. His essays and lectures set the course of much of the intellectual life of the country.

Catalog: DB-1079
UPC: 0684758936585
MSLP: \$13.99

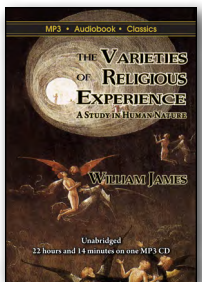


Walden and On the Duty of Civil Disobedience

Author: Henry David Thoreau (1817 - 1862)
Read by: Gord Mackenzie
Length: 14 hours 7 minutes
Format: MP3 CD in DVD case
Genre: Nature, Philosophy,

When Henry David Thoreau, transcendentalist and friend of Emerson, retreated to Walden Pond in Concord, Massachusetts, he stripped himself of every unnecessary object and distraction and chose to live deliberately. He sought to examine the nature of Life itself, something so dear, precious, imminent and yet so often elusive to so many. There may be no time more in need of the teachings of Thoreau's *Walden* than today. In the age of instant information and big data we are bombarded with enormous amounts of facts, figures and stories, both pertinent and superfluous, and left to our own devices to "process" the information. We become so tied to our "screens" and enmeshed in the flow that we risk mistaking the virtual for the real. And our lives remain stubbornly, undeniably real. Thoreau would counsel a pause and a closer examination, never blinking in the face of Life itself, and never confusing the atoms of data or the molecules of information for the elements of knowledge and wisdom.

Catalog: DB-1017
UPC: 0684758936110
MSLP: \$12.99



The Varieties of Religious Experience

Author: William James (1842 - 1910)
Read by: Joe D
Length: 22 hours 14 minutes
Format: MP3 CD in DVD case
Genre: Non-Fiction, Religion

The Varieties of Religious Experience is a collection of the Gifford Lectures on natural theology William James delivered at the University of Edinburgh in 1901 and 1902. James examined religion from the perspectives of his training in medicine, chemistry, psychology, and philosophy to give scientific grounding to the abstractions that underpin much spiritual experience. In reviewing many case histories of religious inspiration he concluded that the existence of

an unseen reality was highly likely, that human consciousness contained "great energies" that could be called forth in times of need as "the religious experience", and that the need for spiritual nourishment is natural and healthy for both individuals and society. The book was well received when published and soon became a core work in the disciplines of both psychology and philosophy. It is still considered one of the best books on religion ever written. The Modern Library ranks it as the second best book of non-fiction of the twentieth century.

Catalog: DB-1078
UPC: 0684758936578
MSLP: \$14.99

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